

## **PE and Sport Premium Mayflower Primary School**

### **Our Vision**

We want everyone at Mayflower to enjoy the sense of adventure learning brings and to discover how learning changes lives. Therefore, we are continually striving to ensure that we nurture, challenge and enable each and every one to be the very best they can be in all areas of school life. At Mayflower, we recognise the contribution of PE to the health and well-being of the children. We strive to provide healthy eating options at break and lunch times, along with a range of fun activities designed to encourage enjoyment of exercise, motivate children to want to be active and the development of good habits which foster healthy living. We believe that an innovative, varied PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all our children.

### **Rationale**

We strongly believe that engagement in a range of physical activities will lead us to realise our vision for the children at Mayflower Primary School. We believe that physical activity is essential to a child's well-being and through our provision we aim to:

- Foster a love for and enjoyment of being active.
- Develop 'fitness for life' through promoting the health benefits of regular exercise.
- Identify talents and signpost them to appropriate organisations to enhance their skills.
- Develop self-esteem, confidence and social skills.
- Contribute to the physical development of each child.
- Give children a way of expressing themselves and an opportunity to be creative.
- Develop a range of skills that can be applied in other contexts.
- Give children the opportunity to try out activities that they would not otherwise have access to.

### **PE and Sport premium**

The PE and Sport Premium provides ring fenced money and will see money going directly to primary school head teachers to spend on improving the quality of sport and PE for all their children. The funding is currently worth £150 million per year and is provided jointly by the Department for Education, the Department of Health and the Department for Culture, Media and Sport.

For 2019-2020 Mayflower received £ 18,970

### **Swimming**

We use some of the grant money to provide weekly swimming lessons for year 3 and 4 pupils at the newly refurbished Poplar Baths. We have targeted Year 3 and 4 as we found we had bigger impact on their confidence in the water. We are looking into also providing more intensive booster sessions for other year groups.

### **Parents and carers**

We aim to work closely with parents and carers to promote local sporting facilities and events, so that our children can continue to develop healthy lifestyles.

### **Occupational Therapy**

Specialised occupation therapists will be providing OT for EY and KS1 to help them with their physical development.

## **Bike It**

Last year we worked closely with Sustran on a year- long Bike It programme. Through this we held two car free days that promoted children travelling to school on bicycle, scooter or by walking. This has raised the profile of safe road travel as well as healthier lifestyle options for children and parents. Parents have been involved in coffee morning to discuss safer routes to work as well as the impact of air quality on their children. The school ambassadors will keep this as a target and continue to discuss this within their class. Each phase had the opportunity to have targeted lessons from designing safe bicycle helmets to learning about how to maintain their bicycles. Through this project Year 4 had the opportunity to learn BMX skills. We will continue to offer the Year 4 children BMX sessions at Langdon Park. Cycle training was provided for children from Year 2 to Year 6 which included a club open to children from Year 1 to Year 6.

- BMX
- Cycle club
- Car free days
- Parental engagement

## **Poplar Partnership**

At Mayflower we have worked closely with schools within the Poplar Partnership to share our expertise and facilities. We've also used our partnership to hold sporting events and interschool competitions using local parks and facilities at Langdon Park Secondary School. Competitions have once again been organised by the Poplar Partnership PE leads allowing children from Year 1 to Year 6 to compete.

### **Possible uses of the funding for April 2020-2021 include:**

- Hiring specialist PE teachers or qualified sports coaches to work alongside teachers and midday staff
- PE teaching schemes to support teachers
- Paying for professional development opportunities in PE/sport
- Running sport competitions, or increasing participation in the school games
- Replenishment of PE equipment
- Providing places for pupils on after school sport clubs.
- Whole school healthy week in Summer term
- Intensive swimming course for year 5 and 6 pupils
- Hiring local facilities to provide greater sporting opportunities

Please look at table below for further breakdown.

**Use of Sports Premium April 2019 – April 2020**

Anticipated funding for this year is **£18,970**. Projected costing may vary due to the availability of coaches and changing needs of certain year groups.

<b>Key Objective and anticipated benefits.</b>	<b>Specific year group/key personnel to be targeted.</b>	<b>Proposed outside agencies/coaching companies involved.</b>	<b>Costing</b>
<p><b>1. Improve the teaching of Physical Education and the learning experience for all pupils.</b></p> <ul style="list-style-type: none"> <li>Specialist PE teachers or qualified sports coaches will also be utilised to work alongside our own staff to teach and aid staff development.</li> <li>Teaching staff will be given further opportunities to undertake P.E training. The aim is to improve the quality of teaching in order to make lessons more inclusive and to increase pupil progress.</li> <li>Opportunities to for CPD for all staff as well as the whole school. Focusing on delivering ‘high quality PE’ and assessment. Using PE Primary to support planning</li> <li>Children to make progress in all areas of sports with the opportunity to challenge their own learning.</li> </ul>	<p><i>Teaching staff</i></p> <p><i>Teaching Assistants</i></p> <p><i>Lunch-time supervisors</i></p>	<p>Let's All Dance! Nugent</p> <p>To explore finding more specialised coaches.</p>	<p>£6000 £3500</p>
<p><b>2. Provide greater extra-curricular sporting opportunities for all pupils.</b></p> <ul style="list-style-type: none"> <li>Staff and a wider variety of coaches will be acquired to inspire our children to undertake after school sport;</li> <li>Children enjoy and are motivated in a sport they would not have normally taken up.</li> <li>More children will be participating in competitive and non-competitive physical activity.</li> <li>Opportunity for older children to be sports leaders to their peers.</li> <li>Increase fitness levels.</li> </ul>	<p><i>Pupils in all year groups from 1 to Year 6.</i></p> <p><i>Breakfast club staff</i></p>	<p>Let's All Dance! Nugent</p>	<p>N/A</p>
<p><b>3. Improve the P.E equipment that the pupils have access to in order to improve specific skills in a range of sporting areas.</b></p>	<p><i>Pupils in all year groups</i></p> <p><i>All teaching staff</i></p>	<p>Consultations between the PE coordinators and Head to discuss new equipment that will improve PE sessions.</p>	<p>£2500</p>

<ul style="list-style-type: none"> <li>All children to be able to access learning through specialist equipment.</li> <li></li> </ul>			
<p><b>4. Enhance the playtime experience by making playtimes and lunchtimes more active.</b></p> <p>Previously equipment has been bought and is established to encourage healthy, active play. Equipment and new opportunities need to be explored.</p>	<p><i>Pupils in all year groups</i></p> <p><i>Lunch-time supervisors</i></p> <p><i>Breakfast club staff</i></p> <p><i>All teaching staff</i></p>	<p>Playground equipment will need refreshing and updating at some point in the year discuss with Deputy, School Ambassadors and Midday Supervisor. Revise the equipment used and health &amp; safety elements of certain equipment.</p> <p>The Playground now has a trim trail. This adds a new and exciting challenge for all children at Mayflower School. The next phase will be to develop playground markings to encourage further active play. This could include a track for the daily mile.</p>	<p>£1000</p> <p>Pentagon Play: £2000 for incorporating new playground markings/play equipment</p>
<p><b>5. Support school sport in the local area.</b></p> <p>A percentage of the premium will be used to support the successful, on-going sport within the Poplar Partnership.</p>	<p><i>All pupils</i></p> <p><i>Teaching staff</i></p>	<p>Opportunities to for CPD for all staff as well as the whole school. Focusing on delivering 'high quality PE' and assessment.</p>	<p>Unsure of total amount needs. Dependent on what becomes available</p>
<p><b>6. Bike It</b></p> <p>There will be a whole school focus to promote healthy lifestyles.</p>	<p><i>All pupils</i></p> <p><i>Teaching staff</i></p>	<p>Staff meeting to organise and plan for Healthy Week. Also to make links with local facilities e.g. GLL</p>	<p>School to invest in bikes/Bike /scooter stand £1000</p>
<p>Total for projected costs:</p>			<p>£16,000</p> <p>This does not include cost for PP events</p>