

PE and Sport Premium Mayflower Primary School

Our Vision

We want everyone at Mayflower to enjoy the sense of adventure learning brings and to discover how learning changes lives. Therefore, we are continually striving to ensure that we nurture, challenge and enable each and every one to be the very best they can be in all areas of school life. At Mayflower, we recognise the contribution of PE to the health and well-being of the children. We strive to provide healthy eating options at break and lunch times, along with a range of fun activities designed to encourage enjoyment of exercise, motivate children to want to be active and the development of good habits which foster healthy living. We believe that an innovative, varied PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all our children.

Rationale

We strongly believe that engagement in a range of physical activities will lead us to realise our vision for the children at Mayflower Primary School. We believe that physical activity is essential to a child's well-being and through our provision we aim to:

- Foster a love for and enjoyment of being active.
- Develop 'fitness for life' through promoting the health benefits of regular exercise.
- Identify talents and signpost them to appropriate organisations to enhance their skills.
- Develop self-esteem, confidence and social skills.
- Contribute to the physical development of each child.
- Give children a way of expressing themselves and an opportunity to be creative.
- Develop a range of skills that can be applied in other contexts.
- Give children the opportunity to try out activities that they would not otherwise have access to.

PE and Sport premium

The PE and Sport Premium provides ring fenced money and will see money going directly to primary school head teachers to spend on improving the quality of sport and PE for all their children. The funding is currently worth £150 million per year and is provided jointly by the Department for Education, the Department of Health and the Department for Culture, Media and Sport.

For 2021-2022 Mayflower received £ 19,430, this year we will receive an estimated £19,430

Swimming

We use some of the grant money to provide weekly swimming lessons for year 3 and 4 pupils at the newly refurbished Poplar Baths which last year cost £15,000. We have targeted Year 3 and 4 as we found we had bigger impact on their confidence in the water. We are looking into also providing more intensive booster sessions for other year groups.

Parents and carers

We aim to work closely with parents and carers to promote local sporting facilities and events, so that our children can continue to develop healthy lifestyles.

Occupational Therapy

Specialised occupation therapists will be providing OT for EY and KS1 to help them with their physical development.

Bikeability Courses

Last year we worked closely with Rita on a year-long Bike programme. Along with this we held bike to school week that promoted children travelling to school on bicycle, scooter or by walking. This has raised the profile of safe road travel as well as healthier lifestyle options for children and parents. Unfortunately for the coming year the funding for this is now more limited but we are hoping that there will be some availability. Our PE lead is in contact with Rita in the hope that more of our children will be able to complete the Bikeability Level 2 Course in years 5 and 6. The school ambassadors will keep this as a target and continue to discuss this within their class. Each phase had the opportunity to have targeted lessons from designing safe bicycle helmets to learning about how to maintain their bicycles. Cycle training was provided for children from Year 2 to Year 6 which included a club open to children from Year 1 to Year 6. Following the pandemic, we are expecting children to be able to attend BMX sessions back at Langdon Park this year, Harley will liaise with our contact regarding this.

- Cycle club
- Car free days
- Bike to school week
- Parental engagement
- BMX (if offered through THP)

Poplar Partnership

At Mayflower we have worked closely with schools within the Poplar Partnership to share our expertise and facilities. We've also used our partnership to hold sporting events and interschool competitions using local parks and facilities at Langdon Park Secondary School. Competitions will be organised by Harley and the Poplar Partnership are expected to continue running these throughout the year (including SEN events).

Possible uses of the funding for April 2022-2023 include:

- Hiring specialist PE teachers or qualified sports coaches to work alongside teachers and midday staff
- PE teaching schemes to support teachers (Real PE / Jasmine)
- Paying for professional development opportunities in PE/sport
- Running sport competitions, or increasing participation in the school games
- Supporting local SEND PE competitions within the community
- Replenishment of PE equipment
- Providing and subsidising places for pupils on after school sport clubs.
- Whole school healthy week in Summer term
- Intensive swimming course for year 3 and 4 pupils
- Hiring local facilities to provide greater sporting opportunities

Please look at table below for further breakdown.

Use of Sports Premium 2022 –2023

Anticipated funding for this year is **£19,430**. Projected costing may vary due to the availability of coaches and changing needs of certain year groups.

Key Objective and anticipated benefits.	Specific year group/key personnel to be targeted.	Proposed outside agencies/coaching companies involved.	Costing
<p>1. Improve the teaching of Physical Education and the learning experience for all pupils.</p> <ul style="list-style-type: none"> • Specialist PE teachers or qualified sports coaches will also be utilised to work alongside our own staff to teach and aid staff development. • Teaching staff will be given further opportunities to undertake P.E training. The aim is to improve the quality of teaching in order to make lessons more inclusive and to increase pupil progress. • A new scheme of work was introduced last year which focusses more on the skills required by children to apply them across sports and competitions called ‘Real PE’. It aims to develop children’s agility, balance and coordination through planned for activities and games. This CPD will continue throughout the year and now targeted to individual staff members identified as needing support • Opportunities to for CPD for all staff as well as the whole school. Focusing on delivering ‘high quality PE’ and assessment. Using Real PE / Create Development to support planning • Children to make progress in all areas of sports with the opportunity to challenge their own learning. 	<p><i>Teaching staff</i></p> <p><i>Teaching Assistants</i></p> <p><i>Lunch-time supervisors</i></p>	<p>Let's All Dance!</p> <p>Create Development (Real PE) Training for new ECTs and refresher for staff that need support</p> <p>Active - fit in 5 / 5 a day</p> <p>To explore finding more specialised coaches – Tennis / Basketball and take up free activity</p>	<p>£6500</p> <p>£3000</p> <p>£550</p>

<p>2. Provide greater extra-curricular sporting opportunities for all pupils.</p> <ul style="list-style-type: none"> • Staff and a wider variety of coaches will be acquired to inspire our children to undertake after school sport. Clubs are now running once more. • Children enjoy and are motivated in a sport they would not have normally taken up. • More children will be participating in competitive and non-competitive physical activity. • Opportunity for older children to be sports leaders to their peers. • Increase fitness levels. 	<p><i>Pupils in all year groups from 1 to Year 6.</i></p> <p><i>Breakfast club staff</i></p>	<p>Let's All Dance!</p>	<p>Cost dependent on hourly rate of dance teacher (included in projected cost of dance overall)</p>
<p>3. Improve the P.E equipment that the pupils have access to in order to improve specific skills in a range of sporting areas.</p> <ul style="list-style-type: none"> • All children to be able to access learning through specialist equipment. • New equipment given to playground to encourage active play during break times. • New scheme of work to support staff planning and focus on key skills of agility, balance and coordination and to encourage healthy competition. Continued CPD on this. 	<p><i>Pupils in all year groups</i></p> <p><i>All teaching staff</i></p>	<p>Consultations between the PE coordinator and SLT to discuss new equipment that will improve PE sessions.</p>	<p>£3500</p>
<p>4. Enhance the playtime experience by making playtimes and lunchtimes more active.</p> <p>Previously equipment has been bought and is established to encourage healthy, active play. Equipment and new opportunities need to continue to be explored.</p>	<p><i>Pupils in all year groups</i></p> <p><i>Lunch-time supervisors</i></p> <p><i>Breakfast club staff</i></p> <p><i>All teaching staff</i></p>	<p>Playground equipment will continue to need refreshing and updating termly in the year. Ongoing discussions with Deputy, School Ambassadors and Midday Supervisors.</p> <p>Revise the equipment used and health & safety elements of certain equipment.</p> <p>The Playground now has a trim trail. This adds a new and exciting challenge for all children at Mayflower School. The next phase will be to develop playground</p>	<p>£1000</p> <p>Unsure of total cost of installing a track for daily mile / marking an area out for it. Feasibility assessment needed before quotes.</p>

		<p>markings to encourage further active play. This could include a track for the daily mile which could be incorporated into lunch times (10 minutes at the end of lunch)</p>	
<p>5. Support school sport in the local area.</p> <p>A percentage of the premium will be used to support the successful, on-going sport within the Poplar Partnership. This is currently on hold due to Covid-19, with the hope that in Spring Term events will be able to be arranged.</p>	<p><i>All pupils</i></p> <p><i>Teaching staff</i></p>	<p>Opportunities to for CPD for all staff as well as the whole school. Focusing on delivering 'high quality PE' and assessment.</p>	<p>Unsure of total amount needs. Dependent on what becomes available / the needs required against teaching with Real PE.</p>
<p>6. Bike It</p> <p>There will be a whole school focus to promote healthy lifestyles and safe road riding.</p>	<p><i>All pupils</i></p> <p><i>Teaching staff</i></p>	<p>Year 5 training for Bikeability certificates to be undertaken in the Spring (provided it is safe to do so). Provision from Tower Hamlets Council.</p>	<p>School to invest in bikes / equipment / repairs + upkeep £1500</p>
<p>7. Swimming</p> <p>Remaining funds will be contributed towards our swimming lessons for years 3 and 4 which last year came to a cost of £11,270</p>	<p><i>Year 3 and 4</i></p>	<p>Swimming coach costs / venue hire at Poplar Baths.</p>	<p>At maximum £3380 / money left after other expenditures in the year.</p>
<p>Total for projected costs:</p>			<p>£19,430 This does not include cost for PP events / transport costs etc.</p>